



# Kelly Swartz

Erotic Expert & Health Coach

*"95% of Intimacy happens outside the bedroom."*



Kelly has more than 10 years of experience in the area of sexuality and expression. She moved from Mexico to Toronto in 2016, following a five-year layover in New York where she continued her academic and personal exploration. With an M.A. in Critical Theory focused on Erotic Literature, an (almost-completed) Ph.D. in Erotic Literature, and as a graduate of the Institute of Integrative Nutrition, she is sought-out for her knowledge, counsel and wisdom. She has extensive public speaking, television and radio experience on topics ranging from erotic literature to pornography. She is a published author on themes of an erotic nature. Kelly helps navigate topics that are usually laden with ignorance, taboos and shame using humour and a holistic approach.

## ABOUT AWOKEN BEAUTY

Most people think their sexuality is something that simply happened to them, without ever delving into what it means, what they want, desire or need. Many people don't realize that if they have a healthy sexual life, it will impact every other aspect of their well-being.

I work with people on their personal journeys to become the most fulfilled, joyful, healthy, successful version of themselves.



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## KELLY IS AVAILABLE TO TALK ABOUT:

Sex After Kids

Right to Pleasure

Reclaiming Sexuality & #MeToo

Self-Intimacy

Intimacy Outside the Bedroom

## AS HEARD ON:

*The Parenting Show (640 Toronto)*

*The Heavy Flow Podcast (upcoming)*



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## MEDIA READY

10+ years experience in the field of  
sexuality and expression

5+ years experience in television and radio (Mexico)

10+ years experience as a writer and public speaker

Fluent in *English and Spanish*



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